



Heart Connection with Horses



More information & Register
ealacademy.com/trainings

Hosted By:

**Kali's Klub House
at Fargnoli Farms**



3-DAYS, FRIDAY – SUNDAY

SEPTEMBER 19 – 21, 2025, 8:30 AM – 4 PM

Apalachin, NY (near Binghamton)

What you'll gain from this training:

- Experience horses as **Master ∞ Energy ∞ Movers** and the deeper meanings behind their powerful energy exchanges to clear, balance, and ground us and their herd
- Grow as a facilitator and coach by understanding this deeper realm of energetic exchanges with horses and facilitate the most powerful client experiences
- Learn a multitude of wellbeing techniques and activities in the presence of horses to support repeat clients and offer multi-day programs and retreats
- Integrate a process that honors the voice and choice of horses in this work, and learn ways to give back to them for all they give to us
- Be guided by your inner wisdom to strengthen your facilitation in leading transformative wellbeing experiences

Learn more and register at <https://ealacademy.com/trainings> & <https://ealacademy.com/trainings.html#HeartInfo>

- **Early-Bird Discount is \$2,097**, Regular Price is \$2,697, there are other discounts for 2 or more attending together, host affiliation, or bundling with the 1-day Mindfulness; last day to register and all discounts expire on the date listed on our website;
<https://ealacademy.com/trainings.html#PaymentInfo>

**ALL SCRIPTS,
RECORDINGS,
ACTIVITIES &
TEMPLATES
PROVIDED SO YOU
CAN OFFER
PROGRAMS RIGHT
AFTER THE
TRAINING**

**EXPERIENTIALLY
LEARN OVER 30
NEW MEDITATIONS,
BREATHWORK, AND
OTHER
MINDFULNESS
ACTIVITIES WITH
HORSES**

**TRAIN IN A SMALL
GROUP SETTING**

**LED BY EXPERT EAL
TRAINERS**

HOST

**Kali's Klubhouse at Fargnoli
Farms
4037 Pennsylvania Ave
Apalachin, NY 13732**

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Training Description

This training builds upon the 1-day Mindfulness experience, to offer in-depth experiences targeting mindfulness, meditation, wellness, wellbeing, self-care, personal growth, etc. There are more than 30 techniques and horse interactions to support repeat clients and multi-day programs and retreats. These interactions go deeper into experiencing horses as spiritual beings and understanding the many ways they energetically support us. These interactions are divinely inspired to bring energetic grounding, alignment, and heart-centered expansion.

Journey into the hidden realm of horse culture that is unknown to most, where it's revealed that horses are **Master ∞ Energy ∞ Movers**. They move energy to balance and align themselves, their herd, the land, and us. Experience these energetic exchanges, and connect deeper in understanding their messages.

The horse interactions include connection activities, energetic exchanges, breathwork, and meditations. All can be one on one experiences for individual clients or facilitated in a group setting, as experienced during the training. Most interactions involve simply being in the presence of horses where they decide how to interact with us. This is a powerful place of communion where the horses share their sacred gifts.

Experience the expansive presence of horses through: Meditation Experiences ∞ Healing Frequencies ∞ More Coherence Techniques ∞ Energy Systems of Humans & Horses ∞ Mindful Movement, including Qigong ∞ Mudras ∞ Energetic Exchanges to Ground, Clear, & Balance ∞ Sacred Geometry ∞ Chakra Crystals ∞ Journaling ∞ Breathwork ∞ Intentions and Affirmations ∞ Awaken Your Inner Wisdom & Intuition ∞ Manifesting ∞ Earth Energy Integration ∞ Techniques to Give Back to the Horses ∞ Engage Harmoniously, Honoring Voice & Choice ∞ Deep Connection & Communion

You will experience sacred gifts with horses and learn to facilitate them to support others in their wellbeing of mind, body, and spirit. We provide step-by-step processes, activity descriptions, meditation recordings, scripts, forms, tools, templates, and sample agendas, to facilitate programs right after the training.

After the training, you'll have access to our free online community (private Facebook group) to connect with others that have attended our trainings to collaborate about EAL tools, techniques, resources, facilitation opportunities, and in many other ways. Also, you may always contact EAL Academy for support with your questions.

Prerequisites:

- Experience with safely handling horses on the ground, no riding or driving experience is needed.

Note: The scope of this training targets the facilitation aspects of mindfulness and wellbeing programs with horses. During the 4-day Facilitator Certification training there are additional activities that can be used for mindfulness and wellbeing experiences as well as in depth information and tools are provided for managing equine liability risk, marketing, pricing, selling EAL programs, program planning, and building an EAL business. During this training, these topics are covered at a high level and specific to mindfulness and wellbeing programs with horses.

Certified EAL Mindfulness & Wellbeing Facilitator:

Once you attend both the 1-Day Facilitating Mindfulness EAL Programs and 3-Day Heart Connection with Horses, and complete the required 30 hours of facilitation experience, you're eligible to complete the Self-Test for certification.

Additional Event Information

Travel:	<p>Airports:</p> <ul style="list-style-type: none">• Greater Binghamton Airport (BGM) http://binghamtonairport.com; 35 minutes• Elmira/Corning Regional Airport (ELM) http://www.flyelm.com/; 55 minutes• Ithaca Tompkins International Airport (ITH) https://flyithaca.com/; 65 minutes• Syracuse Hancock International Airport (SYR) https://www.syrairport.org/; 90 minutes• Wikes-Barre Scranton International Airport (AVP) https://flyavp.com/; 90 minutes <p>Rental Cars: Check airport website for available car rental providers</p> <p>Lodging: There are nearby hotels, B&Bs, and short-term rentals in Owego, Vestal, and Binghamton; please review ratings when selecting your accommodations</p>
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Schedule:	<ul style="list-style-type: none"> • The training starts promptly at 8:30 AM and will go until the training is finished, and no later than 4 PM • Please arrive at 8 AM if you haven't previously completed an EAL Academy liability waiver this year, at this facility • There are breaks mid-morning, mid-afternoon, and lunch is at 12:15 – 1 PM • There is self-reflective homework
Weather & Clothing:	<ul style="list-style-type: none"> • For September, the average daily highs are in the mid-70's; overnight lows in the low-50's (°F) • Time will be spent both indoors and outdoors, doing physical activities with horses • Dress appropriately for the weather and it is best to layer clothing • Participants are required to wear closed toe shoes or boots
Food & Beverages:	<ul style="list-style-type: none"> • EAL Academy provides water and light snacks • Lunch is handled differently at each training so watch for an email sent a week or so before the training that will explain how lunches will be handled. • It's important that you bring whatever you need to be comfortable, nourished, and hydrated.
Pre-Work:	<p>Prior to the training, review the training curriculum so you're familiar with all concepts presented and can bring your questions to the training. Also, for the materials designated as Pre-Work, review the information that is new to you since the training is based on understanding these foundation concepts.</p> <p>The training curriculum materials are sent when you register or approximately 40 days prior to the training.</p>
Bring with You:	<ul style="list-style-type: none"> • Printed training materials, or downloaded to a mobile device (see below) • Anything additional you need for a positive training experience, such as device charger(s), sunscreen, bug spray, sunglasses, hat, jacket, food (see above), and anything else to be comfortable
Technology:	<ul style="list-style-type: none"> • EAL Academy primarily communicates important training information through email, so be sure to watch for our emails in your inbox and junk/spam folders; add our email, staff@ealacademy.com, to your address book so it's more likely to be delivered to your inbox • A confirmation email is sent after you pay your registration • The training curriculum is sent approximately 40 days before the training, followed by other emails to coordinate aspects of the training • You'll access the curriculum in cloud folders • You'll print 2 documents to bring with you to the training; if you plan to view these electronically on a mobile device then please confirm the documents are saved/downloaded to your device before you arrive since Wi-Fi and cellular service may not be available at the training • Provide us with your mobile number in case it's needed for coordination
CEUs:	<ul style="list-style-type: none"> • We have materials you can submit to your licensing and/or certifying organization(s) to determine if they approve CEUs for this training

Note: Information subject to change.